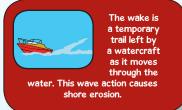
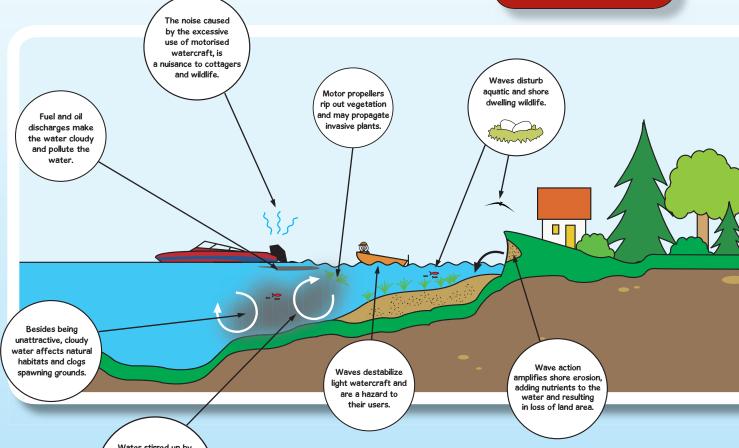


## Are You a Healthy Navigator?

Boating gives us a different perspective on the world, but this recreational activity can have a negative impacts on the lake. Everyone must take responsibility to protect wildlife, plants and the quality of lake water.





Water stirred up by motors, agitates the sediment releasing phosphorus that encourages the growth of algae and aquatic plants.

## Kill two birds with one stone!

Practise environmentally friendly recreational activities like swimming, kayaking, pedal-boating... This way you will preserve YOUR health and that of your lake.

## What you can do:

- Consult your municipality and the applicable regulations (operators permit, code of ethics, boat washing...).
- Limit your speed and navigate in the deeper waters, away from the shore, swimming areas and other hoats.
- Opt for four-stroke engines, they pollute less than two-stroke engines.
- Switch to an electric motor.
- Ensure proper maintenance of your motor and avoid spills when adding fuel and oil.
- Distribute passengers uniformly in your boat, too much weight in the rear increases the height of the wake.
- $\mbox{\ }^{\bullet}$  Put your boat in the water at a designated boat ramp.
- Don't throw away your garbage take it with you!

To learn more: www.troussedeslacs.org

